

Migration and Addiction

The Contact Netz Migration and Addiction Project specialises in advising people and families suffering from addictions.

The objective of this project is to reduce the number of people with foreign backgrounds, suffering from addictions; by encouraging participation in the variety of programmes offered. Consultations will be offered in their mother tongue or with a translator. The people involved in the organisation of this project have themselves had experience as a foreigner or have been specially trained in this particular area. We also work together with foreign communities.

Youth-, Parental- and Addiction Consultations

The Advice Centres in Bern, Münsingen, Thun, Interlaken, Biel, Burgdorf, Langenthal and Langnau, offer advice about youth and addictions offering aid and support in terms of work, life and leisure, in particular with managing the initial withdrawal symptoms and continuing therapy. We give advice to young people and their parents/guardians about personal problems, substance addictions, difficulties in the family, at work or at school.

We supervise a person throughout methadone and de-tox programmes. Bern will lead an exchange programme with foreign families; this programme will also be available for all other regions interested.

Psychotherapy, Therapy for Couples and Families

Psychotherapy offers one-off Advice/Explanation Consultations or the option of individual long-term psychotherapy.

Advice and therapy are offered to families or couples experiencing difficulties in their relationships.

«Prisma»: Addiction-therapy in a Host family

The «Prisma» in Bern offers a therapy station, orientated towards the abstention of substance abuse. It is aimed at adults and young people with addiction problems. The client lives with a host family and receives supervision and advice from therapists during their stay.

School Project

The School project in Bern, offers less educated people one-to-one lessons, or lessons within a small group, in a variety of subjects.

Contact- and Advice- Centre

The Contact- and Advice – Centres, in Biel and Bern, want to lessen the damaging health and social effects, which occur as a result of substance addiction, and to ensure the survival of drug-dependent people.

Metz: Methadone Therapy Centre

The Methadone Therapy Centre in Bern is a treatment Centre for Opiate dependent, drug consumers, where the substitute drug «methadone», will be prescribed by a doctor.

Employment- and Integration- Programme

The Employment- and Integration- Programme by Contact Bern and Contact Thun offers drug-addicts a protected and simple work placement. Wages are, as a rule, paid daily.

Accommodation Offer

The WODREBE in Bern and the Wohnhilfe in Burgdorf, arrange rooms and apartments for drug-addicts and will be supervised during the rental period.

Organisation

Advice and information consultations are free of charge; Psychotherapy may be partially compensated by your health insurance. All enquiries and consultations are strictly confidential. As a rule, personal consultations follow after an initial telephone enquiry.

More information and details about Contact Netz can be found at www.contactnetz.ch or...

by directly contacting any of the below:

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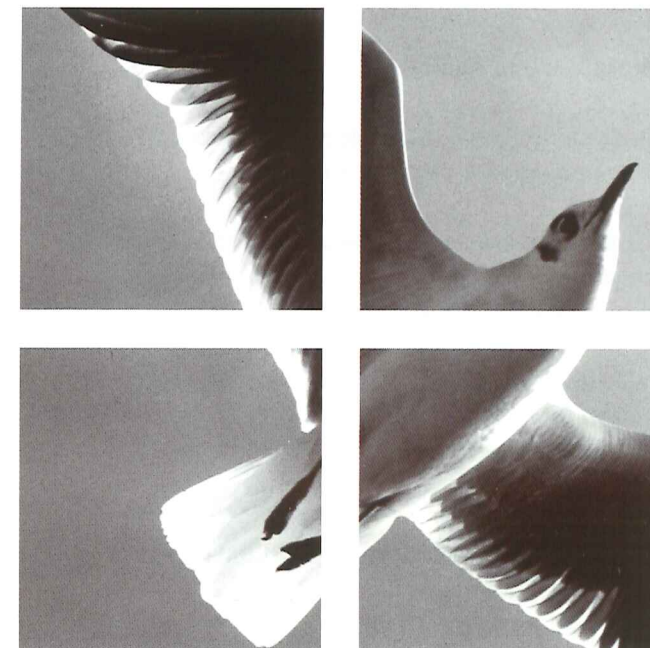
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Operation and Financing

The Migration and Addiction Project will be run by Contact Netz.
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The Department of Health and Welfare, Canton Berne.

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